



# Manna Centre Services



What's on offer?	Times of services
<b>Takeaway meals</b>	A hot meal & a sandwich Monday to Sunday – from 10am to 1pm
<b>Housing and Welfare</b>	<b>Telephone advice:</b> 020 7403 1931 (choose option 1) - Monday to Friday: 10am to 1pm <b>Clients <u>with appointments</u></b> seen via laptops at the Centre - Monday to Friday - 10am to 1pm
<b>Clothing</b>	Monday, Wednesday and Friday from 10am to 1pm – a clothing request slip needs to be filled. Client will be contacted when clothing is ready for collection
<b>Shower Facilities</b>	Two per day on Monday, Wednesday, Thursday and Friday, 7am & 8.15am
<b>Mail for registered clients</b>	Mail can be collected Monday to Sunday 10am to 1pm <b>Please note:</b> client needs to have been registered to receive mail at our address
<b>Nurse Clinic</b>	Wednesdays only from 10am to 1pm