



Welcome to the Manna Centre

Here are the services available here:

- Breakfast
- Lunch
- Washing Facilities – please ask for a towel
- Change of clothing (2nd hand) – please ask a member of staff for a clothing request slip – clothing not immediately available. You will be informed when your clothing package is ready
- Housing & Welfare Adviceline 020 7403 1931 - option 1 (Monday to Friday 10am – 1pm)
- To see an Advice Worker in the centre you MUST book an appointment in advance via 020 7403 1931 - option 1 (Monday to Friday 10am – 1pm)

ALL SERVICES ARE FREE 😊