



Welcome to the Manna Centre



Here are the services available here:

- Breakfast
- Lunch
- Housing & Welfare Advice – for an in-centre appointment, please speak to a member of staff
- Washing Facilities – please ask for a towel
- Change of clothing (2nd hand) – The clothing store will be open on a Monday & Wednesday. First 30 people with tickets will be seen, each day.
- Housing & Welfare Telephone Helpline 020 7403 1931 - option 1 (Monday to Friday 10am – 1pm)
- Mobile phone charging (Monday to Friday) – please ask a member of staff

ALL SERVICES ARE FREE 😊