



Day centre for homeless people

Most needed items

(Most important items in bold type)

FOOD

Sugar
Tomatoes (Tinned)
Vegetables (Tinned)
Pasta Sauces
Baked Beans
Meat (Tinned)
Corned beef
Chopped ham
Luncheon meats
Fish

DRINKS

Coffee
Dilutable drinks

Tinned Food
Stewed steak
Hot Dogs
Fruit
Rice pudding

Non-Tinned Food

Curry Sauces
Porridge oats
Tomato sauce
Cooking oil
Biscuits

TOILETRIES

Bodywash
Soap
Deodorants
Shaving Foam
Shampoo
Disposable razors
Toothpaste
Toothbrushes

MEN'S CLOTHING

Jeans (Waist 30-38)
Socks
Jogging bottoms
Trainers
Fleeces / Hoodies
T-shirts
Shoes
Underwear
Trousers (Waist 30-38)
Coats

MISCELLANEOUS

Toilet Rolls
Tea Mugs
Novels
Oyster cards
(Unregistered preferably)