



**Day centre for homeless people  
and those in need**

**Most needed items**

**FOOD**

**Sugar  
Tomatoes (Tinned)  
Rice**

**(Basmati or easy-cook)**

**Pasta Sauces  
Baked Beans  
Meat (Tinned)  
Cheddar Cheese  
Corned beef  
Chopped ham  
Luncheon meats  
Fish  
Soup**

**DRINKS**

**Coffee  
Dilutable drinks**

**TOILETRIES**

**Deodorants  
Shaving Foam  
Disposable razors**

**MISCELLANEOUS**

**2nd hand mobile phones  
& chargers  
Novels  
Oyster cards  
(Unregistered preferably)**

**[www.mannasociety.org.uk](http://www.mannasociety.org.uk)**