



MANNA CENTRE
12 Melior Street, London SE1 3QP
Tele: 020 7357 9363
www.mannasociety.org.uk

OPEN SEVEN DAYS A WEEK
8.30am – 1.30pm

ALL SERVICES ARE FREE

DAILY SERVICES (7 days a week):

FOOD: Breakfast & Lunch

SHOWERS: Soap & Towels provided

MOBILE PHONE CHARGING (Mon to Fri)

HOUSING AND WELFARE ADVICE
(Monday to Thursday)

ADDITIONAL SERVICES:

MONDAY:

9.00am-12.00noon Nurse
9.30am-1.30pm Housing & Welfare advice surgery
10.00am-10.45am Clothing Store (**BY TICKET ONLY**)
10.30am-1.00pm Access to computers

TUESDAY:

9.30am-1.30pm Housing & Welfare advice surgery
10.00am-11.30am Mental Health surgery
10.00am-1.00pm Chiropodist - **FORTNIGHTLY**

WEDNESDAY:

9.30am-12.00noon Welfare advice for Migrants & Asylum Seekers (except for the 1st Wed of the month)
9.30am-1.30pm Housing & Welfare advice surgery
10.00am-10.45am Clothing Store (**BY TICKET ONLY**)
10.30am-1.00pm Access to computers

THURSDAY:

9.00am-12.00noon Nurse
9.30am-1.30pm Housing & Welfare advice surgery
10.30am-1.00pm Access to computers

FRIDAY

10.30am-1.00pm Access to computers