



**Day centre for homeless people
and those in need**

Most needed items

FOOD

Sugar

Tomatoes (Tinned)

Rice

(Basmati or easy-cook)

Pasta Sauces

Baked Beans

Soup

Mayonnaise

Sandwich fillers - below:

Cheddar Cheese

Corned beef

Chopped ham

Luncheon meats

Fish

DRINKS

Coffee

Dilutable drinks

TOILETRIES

Disposable razors

Deodorants

MISCELLANEOUS

2nd hand mobile phones

& chargers

Oyster cards

(Unregistered preferably)

www.mannasociety.org.uk